




Programs


- Kinesiology
- Physical Education
- Recreation and Leisure
- Sport Management

Brock Sports Medicine Clinic to gain practical knowledge and clinical experience working with varsity teams.

 **Exercise Programming for Neuromuscular Disability (KINE 4F16)** – Kinesiology and Physical Education students participate in a field placement (2 hours per week) where they develop and implement exercise plans for community members with a spinal cord injury through the Power Cord program at the Brock-Niagara Centre for Health and Well-Being.


 **Exercise Programming for Older Adults (KINE 4P12)** – Kinesiology and Physical Education students develop and implement exercise and balance training for community seniors through the Senior Fit program at the Brock-Niagara Centre for Health and Well-Being.

 **High Performance Athletic Assessment and Training (KINE 4P91)** – Kinesiology and Physical Education students participate in activity labs and fieldwork in applied settings to gain knowledge in high performance athletic assessment and training.


 **Internship in Clinical Kinesiology and Rehabilitation (KINE 4P89)** – Kinesiology and Physical Education students complete clinical/field experiences in a variety of applied settings.


- **Major Games Field Course (SPMA 4P98)** – Students participate in field experiences to observe and analyze the operations of a major sport event (ex: Canada Games).
- **Outdoor Recreation Theory and Practices I (RECL 2P16)** – Recreation and Leisure Studies students complete

Experiential Education Courses


- **Aquatics (KINE/RECL 3P14)** – Kinesiology, Physical Education and Recreation and Leisure Studies students learn about aquatic exercises such as swimming through physical practice in the on-campus pool.
-  **Clinical Practices /Assessment in Athletic Therapy (KINE 4P80/4P81)** – Kinesiology and Physical Education students complete an internship in the

outdoor field experiences where they participate in backpacking, winter camping, rock climbing, canoeing, snowshoeing, and cross-country skiing.

 **Practicum in Athletic Therapy (KINE 4P82)** – Kinesiology and Physical Education students gain hands-on experience facilitating the care of athletes before, during and after athletic events under the supervision of the Brock Sports Medicine Clinic staff.

 **Recreation and Leisure Services Field Experience (RECL 3P95)** – Recreation and Leisure Studies students complete field work in a community recreation or leisure setting.

 **Sport for Development Field Experience (SPMA 4P93)** – Sport Management students participate in field experiences where they may be involved in planning, communication, relationship building, leadership development, program delivery, and evaluation in a national or international humanitarian sport project.

 **Sport Management Field Work (SPMA 3P02)** – Sport Management students complete an 80-hour field placement in an internal Brock University sport or sport-related organization.

 **Sport Management Internship (SPMA 4F02)** – Sport Management students complete a 450-hour internship with an approved sport or sport-related organization (ex: Maple Leaf Sport and Entertainment, Canadian Olympic Committee, Ontario Basketball etc.).






Clubs

- Active Mental Health Initiative
- Bollywood Dance Club
- Brock Dance
- Brock Motorsports
- Brock RECL Council
- Brock Sport and Business Association
- Kinesiology Student Association
- Live 4 Dance
- Rehabilitation Science Association
- Run Club
- Sport Helps Everyone Make Allies
- Sport Management Council
- Student Hikers

Competitions

- Brock University Kin Games
- Case Competitions (organized by the Sport Management Council)
- Kin Case Competition (hosted by the Canadian Kinesiology Alliance)
- RECL Connectival
- The Collegiate Leadership Competition (CLC)
- UW Sport Management Case Competition

Brock's Core Competencies

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|  Act Innovatively |  Collaborate Effectively |  Know Yourself |  Think Critically |
|  Apply Knowledge |  Communicate Effectively |  Practice Intercultural Fluency | Learn more at brocku.ca/ccee |
|  Be Curious |  Engage with Your Community |  Surgite! | |

Volunteering & Student Jobs

Volunteering:

- 👉 Autism Spectrum Disorder (ASD) Movement Camp
- ✅ Brock Health Magazine
- 👥 Brock Healthy Youth Project
- 👉 Brock Niagara Penguins
- ✅ Brock TV
- 👉 Children's Movement Program
- 👉 Confident Healthy Active Role Models (CHARM) program
- 🔄 Executive positions on school clubs
- ✅ Living Learning Community (LLC) Peer Mentor in Residence
- 🔄 Local sports teams (example: Niagara River Lions)
- 👉 Supporting Neurodiversity through Adaptive Programming (SNAP)
- 👉 Various opportunities through partnerships between community organizations and the Brock University Volunteer Association (BUVA)

Student Jobs:

- ✅ A-Z Learning Services (Tutor)
- ✅ Aquatics Staff (Lifeguard/Instructor)
- ✅ BaseCamp (Lead Instructors and Assistant Instructors)
- ✅ Brock Ambassador (Main Campus)
- ✅ Brock TV (Producer, Commentator)
 - Central Equipment Room Attendant
- ✅ Group Fitness and Spin Instructors
- 👥 Intramurals (League Convenor/Officials)
- 👥 Smart Start (Team Assistant and Team Lead)
- ✅ The Brock Press
- ✅ The Zone Fitness Centre (Personal Trainer)
 - Walker Complex Welcome Desk Attendant
- 👉 Youth University (Camp Instructors and Coordinators)

Professional Development

- 🔄 A-Z Learning Workshops
- 🔄 Faculty of Applied Health Sciences Mentorship Program
- 🔍 Kinnect Conference (organized by the Kinesiology Students' Association)
- 🔄 Med Plus or Law Plus
- 🔄 Negotiation Challenge (organized by the Sport Management Council)
- 🔍 Speaker Series (organized by the Sport Management Council)
- 🔍 Sport Management Alumni Day
- 🌐 Study, volunteer or work abroad

Leadership Programming (Student Life and Success):

- 👥 Brock Leads
- 👥 Building Leaders
- 👉 Foundations in Leadership
- 🔄 The Niagara Region Student Leadership Summit (NSLS)