

**EXPERIENCE.  
COMPETITIVE  
SUCCESS.  
ATHLETICS  
AT BROCK.**



**Brock**  
University



**ANNUAL SOLD OUT  
STEEL BLADE CLASSIC AT  
THE MERIDIAN CENTRE**



**86** Provincial  
Championships

**49** National  
Championships

## **MEN'S SPORTS**

Ball hockey  
Barbell  
Baseball  
Basketball  
Cross country  
Curling  
Dragon boat  
Fencing  
Golf  
Ice hockey  
Lacrosse  
Rowing  
Rugby  
Soccer  
Squash  
Swimming  
Tennis  
Track and field  
Ultimate frisbee  
Volleyball  
Wrestling

## **WOMEN'S SPORTS**

Barbell  
Basketball  
Cheerleading  
Cross country  
Curling  
Dance Pak  
Dragon boat  
Equestrian  
Fencing  
Figure skating  
Golf  
Ice hockey  
Lacrosse  
Ringette  
Rowing  
Rugby  
Soccer  
Softball  
Squash  
Swimming  
Tennis  
Track and field  
Ultimate frisbee  
Volleyball  
Wrestling

## **BECOME A BROCK ATHLETE**

If you've been a successful athlete, we'd like to hear from you. Please fill out our **Prospective Athlete Form** at [gobadgers.ca](http://gobadgers.ca) under "Inside Athletics."

Be a part of the excitement.

Follow the Badgers at [gobadgers.ca](http://gobadgers.ca)

# ATHLETES IN ACTION



## TIM SCHRIJVER

*Bachelor of Science in Kinesiology, 2015*

Having never rowed before beginning his studies at Brock, Tim was encouraged to try out for the varsity team. He never looked back as he competed in the Canadian University Rowing Championships each year as a student, and moved on to win gold and silver in the FISA World Championships. Following this, he captured two gold medals in the 2015 Pan American Games, and represented Team Canada at the 2016 Olympic Games.

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## SHAUN VALERIOTE

*Bachelor of Sport Management, 2013*

After his first season as a member of Brock's varsity baseball team, Shaun's impressive skills did not go unnoticed. Not only did he lead the Badgers to the OUA championship, but he was also the recipient of several awards (OUA Top Hitter, OUA All-Star, CIBA All-Canadian, Brock MVP and Brock Top Hitter), and broke numerous records along the way. Great performances led to him being noticed by MLB scouts, and in 2012, he was drafted by the Toronto Blue Jays – becoming the first OUA player to be drafted into the MLB.

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## TONYA VERBEEK

*Bachelor of Recreation and Leisure Studies, 2000*

*Bachelor of Education, 2003*

*Master of Education, 2006*

When she captured a silver medal at the 2004 Olympic Games in Athens, Tonya became Canada's first-ever Olympic medalist in women's wrestling. She then went on to collect bronze in 2008 and another silver in 2012, as well as three Pan American Games and three World Championship medals during her storied career. Tonya continues to give back to the sport as an International Coach with Wrestling Canada.



## ELISABETH WALKER-YOUNG

*Bachelor of Physical Education, 2002*

As a varsity swimmer at Brock, Elisabeth went on to compete in four Paralympic Games, where she won six medals – three gold, one silver, and two bronze. She broke numerous Canadian and world records during her career, and now dedicates her time to promoting sports and recreation programs with the Canucks Autism Network in B.C. In 2019, Elisabeth received the Order of Canada.



## ERIC WOELFL

*Bachelor of Arts, 2012*

After developing an interest in rowing in his teens, Eric continued to train and row for Brock before competing in the Pan American Games in 2011, and again in 2015 where he won a gold medal. One year later he competed in the 2016 Olympic Games in Rio de Janeiro, and also represented Canada in multiple FISA World Championship appearances over the years.

## EXPLORE NIAGARA

Brock is located in the heart of Niagara — an amazing destination to live, study, work and play. We are one of Canada's most diverse regions, with a unique mix of world-famous attractions, natural beauty and amazing history. It is no wonder Niagara's tourism industry is booming — with millions of visitors each year.



### OLYMPIANS-PARALYMPIANS BY SPORT

**13**

ROWING

**9**

WRESTLING

**6**

SWIMMING

**2**

CANOE/  
KAYAK

**2**

ATHLETICS

**1**

BASKETBALL

**1**

TENNIS

## BROCK ATHLETES



**51%**

FEMALE



**49%**

MALE

# ACADEMIC & FINANCIAL SUPPORT

## Brock Scholars Awards

These awards are automatic for all incoming students entering their first undergraduate program.

**\$4,000**

\$1,000 EACH YEAR  
80 - 84.9%

**\$6,000**

\$1,500 EACH YEAR  
85 - 89.9%

**\$10,000**

\$2,500 EACH YEAR  
90 - 92.9%

**\$16,000**

\$4,000 EACH YEAR  
93+%

## Athletic Financial Awards

Student-athletes participating in Ontario University Athletics (OUA) or U SPORTS sports are eligible for Athletic Financial Awards. With an admissions average of 80 per cent or higher, student-athletes entering Brock are eligible for up to \$4,500 in athletic awards, in addition to any other awards for which they may qualify. Individual coaches will determine who will receive an Athletic Financial Award each year.





OVER

900

STUDENT-ATHLETES



79

U SPORTS ACADEMIC  
ALL-CANADIAN ATHLETES



### The OneApp \$1,000,000+

One application — hundreds of awards and bursaries. Awards are valued up to \$20,000 and are based on varying criteria, including academic performance. Bursaries with a value of up to \$3,000 are available, based on financial need. Complete our OneApp as early as possible to maximize your earning potential.

### Ontario Student Assistance Program (OSAP)

OSAP provides eligible Ontario students with financial aid to help pay for education-related costs such as tuition, books, living costs and transportation. New changes to OSAP aim to make average tuition costs free for students whose families make less than \$50,000 a year. Students and families earning more than \$50,000 can also benefit from generous grants and loans. Visit [Ontario.ca/OSAP](https://Ontario.ca/OSAP) for more information.

# ATHLETE SUPPORT



## Brock Sports Performance Centre

Brock Sports Performance (BSP) is an innovative division within Brock Sports. The staff offer expertise and quality performance to our varsity athletes, elite-level teams, up-and-coming local athletes from the Greater Niagara Region as well as professional and national-level athletes from across the country.

The highly qualified staff at BSP screen, assess, and create strength and conditioning programs designed specifically for an athlete or team's developmental age, sport, and competitive level.

## Badger P.A.W.S.

The Brock Badgers "Providing Athletes with Winning Strategies" (P.A.W.S) program connects varsity athletes to the academic resources available at Brock. These services include professional one-on-one consultations, a Drop-In Centre for science or general study skills, and workshops throughout the year for help with a number of different learning strategies.





### Brock Sports Medicine Clinic

The Brock University Sports Medicine Clinic offers its services to all Varsity Athletes and can provide fee for services appointments for full time Brock students, faculty and staff for injuries sustained during athletic and recreational activities. The clinic also serves as a teaching environment, providing tremendous learning experiences for those students interested in pursuing a career in the exercise and health care professions. Varsity athletes are required to pay an athlete fee to Brock Sports when they join a team.

### ATC SERVICES AVAILABLE:

- Athletic Therapy
- Physiotherapy
- Sport Medicine Physician Consult
- Massage Therapy
- Chiropractic Care
- Osteopathy
- Clinical Kinesiology
- Custom Knee Braces
- Custom Foot Orthotics
- Concussion Management
- Acupuncture

# STUDENT INVOLVEMENT

## Experiential Education

Brock is a leader in experiential education in Canada. We offer creative experiential opportunities in every program of study, as well as co-curricular activities and volunteer options. Gain real world experience with our varsity and club programs.

Each year, students from across the university take on various roles with our athletic teams, including:

- Game day operations
- Marketing and promotions
- Student therapist
- Team operations
- Ticketing and event management
- Brock Sports Performance

## Brock Sports Medicine Clinic

Any student interested in working with a varsity team as a student therapist should email their cover letter and resume to Steve Lidstone (Associate Director of Sports Performance) (slidstone@brocku.ca) during the first week of February for the coming year. Student therapists are placed with a varsity team. They attend practices, games and work in the Varsity Trainer's room. Students also attend monthly staff meetings designed to enhance their practical skills and experiential education. Students who would like to volunteer and gain experience in the clinic typically register for KINE 4P80 and 4P81. For more details please visit [brocku.ca/sports-medicine](http://brocku.ca/sports-medicine)

## Intramurals

Intramurals are ideal for recreational and competitive athletes. A variety of popular men's, women's and co-ed sports are offered throughout the Fall, Winter and Spring semesters.

Thousands of students participate each year making Brock's intramurals one of our most popular campus activities. It's a great way to meet new people and provides an exciting way to stay active and have some fun.



## Brock Sports Performance

Any student interested in working with a varsity team as a student sports performance coach should email their cover letter and resume to Steve Lidstone (slidstone@brocku.ca), who manages the application process for the Brock Sports Performance Centre, during the first week of February for the coming year. Student sports performance coaches are placed with a varsity team and assist with testing, training and monitoring of Brock varsity athletes. Students also attend monthly staff meetings designed to enhance their practical skills and experiential education. Students can also receive course credit by enrolling in KINE 4P88, 3P99 and 4P99. Student sports performance coaches can apply for part-time sports performance community positions after a minimum of one year, which assist in testing, training and programming for community next-gen athletes. For more details please visit [brocku.ca/bsp](http://brocku.ca/bsp)

## WORLD-CLASS FACILITIES

- High Performance Centre
- The Zone fitness centre
- Gymnasia (23,000, 12,000, 11,000 sq. ft.)
- Indoor running/walking track (200m)
- Outdoor tennis courts
- Cardio centre
- Indoor rowing centre
- Olympic-sized swimming pool
- Sauna and whirlpool
- Combative room
- Fencing/dance studio
- Fitness studio
- Squash courts
- Outdoor turf field
- Numerous playing fields

Some of our teams also use venues throughout the region for games and practices.





Brock University

Niagara Region

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**@BrockBadgers**

**[gobadgers.ca](http://gobadgers.ca)**