

Student Testimonials

“ I would definitely recommend the Strategies program to other students as it is a great way to meet all the SAS staff members as well as get a feel for all the services and things available before starting. ”

“Strategies gave me a head start on the road to success.”

“ It’s a great way to learn about what is offered to students with disabilities. It’s reassuring to be able to identify with others who are in a similar situation, and an excellent way to make friends before the start of term. Every student thinking about going to Strategies should go. It is a rewarding experience. ”

Student Wellness and Accessibility Centre

For more information, contact:

Transition Co-ordinator
Student Accessibility Services
Student Wellness and Accessibility Centre
Brock University
E sasnewstudent@brocku.ca
T 905-688-5550 x5357 or x6675

Conference registration is limited, so please apply early to reserve your spot! For more information, please visit: brocku.ca/health-wellness-accessibility/sas/strategies-conference

Resources:

Student Accessibility Services (SAS) website: brocku.ca/health-wellness-accessibility/sas
Documentation guidelines and list of books/ other resources to assist you with the transition from secondary to post-secondary: brocku.ca/health-wellness-accessibility/sas/new-students

Please note: the application requires submission of appropriate documentation. Please see the above link for our documentation requirements.

**The Strategies Transition Program is funded by the Ontario Ministry of Training, Colleges and Universities.*

2020 Program Dates:

2 Day Program: Sunday August 23rd to Tuesday August 25th

1 Day Program: Thursday August 27th

Brock University
Niagara Region
1812 Sir Isaac Brock Way
St. Catharines, ON
L2S 3A1 Canada

Student Wellness and Accessibility Centre

START WITH STRATEGIES

Student Accessibility Services

A transition program for students with a diagnosed Learning Disability and/or other documented disability





What is Start with Strategies?

Strategies is designed to address the specific and unique needs of incoming first year students with a diagnosed learning disability and/or other documented disability who are transitioning to the post-secondary environment. The transition from high school to university can be challenging for students as they develop independence and encounter a new learning environment, opportunities, and expectations. Students must be able to advocate for themselves, take responsibility for their learning, and understand university level academic expectations and requirements.

The Strategies program guides students through their first steps in this transition with a variety of workshops based at Brock University. These sessions introduce students to the many campus services that support students in all aspects of their lives and help them to develop skills that can be used to facilitate a smooth transition to post-secondary learning.

Option 1: Two Day Program

Strategies includes two days of personalized workshops and activities, tailored to the unique needs of students with disabilities, and the opportunity to connect with fellow students while experiencing two nights in residence.

- Topics include:
 - › Understanding your disability and how it impacts academic performance and university life.
 - › Self-advocacy.
 - › Strategies for academic success (e.g., note taking, studying).
 - › Stress and anxiety management.
 - › Introductions to SAKAI and Office 365 (Brock's Learning Management Systems).
 - › Introduction to university teaching and learning (Lectures, seminars, labs, & tutorials).
 - › Meet a professor and classroom expectations.
 - › Introduction to assistive technology and how to use it.
 - › Campus resources and supports.
- Personalized campus tours including where to find your classes.
- Share peer-to-peer advice, tips, and experiences with current Brock students from a variety of programs.
- Meet like-minded students also entering their first year at Brock.
- Meet SAS staff and learn about resources available on campus.
- A chance to explore the city of St. Catharines and its transit system!
- Cost to attend is \$50.00 and includes meals and residence stay!

Option 2: One Day Program

A full day of workshops tailored to the unique needs of students with disabilities; while having the opportunity to meet fellow first year students

- Topics include:
 - › Understanding your disability and how it impacts academic performance and university life.
 - › Strategies for academic success.
 - › Stress and anxiety management.
 - › Introductions to SAKAI and Office 365 (Brock's Learning Management Systems).
 - › Campus resources and supports.
- Meet SAS staff and learn about resources available on campus
- Personalized tours of campus and where to find your classes.
- Meet like-minded students entering their first year at Brock.
- Share peer-to-peer advice, tips, and experiences with current students from a variety of programs.
- It's free to attend and includes a free lunch!

